



November 13, 2023

Join our mailing list!

Dear Carissa,

Good morning! There is a school board meeting on Thursday at the DO, 5:30 pm. We hope to see many of you there wearing your CVTA shirts. The district continues to only offer a salary proposal of 2.5%, and it's the school board who provides those parameters to their negotiating team. **This meeting is the same night as High School Conferences, so Middle School and Elementary will need to show up and bring extra people!** Our success at the bargaining table is directly related to membership participation, so we hope to see you there.

Please see below for a CTA Human Rights Cadre training on Tuesday. The topic is self-care for educators. Register and log-in to learn more.

Important to Know

- Friday is the day before a vacation, so once again you are able to leave with students unless you are assigned to after school duty. Enjoy the break!
- T-shirts have been delivered to sites, so those who ordered should have their new shirt by now. If there is anyone who did not order but would like to, please send an email to cvtaprez@gmail.com.
- Copies of the Collective Bargaining Agreement have also been delivered to sites (except for the DO...we are waiting on the next shipment). Please ask your site rep if you did not receive one. Take the time to become familiar with your rights and responsibilities.
- Observations - Please remember to send me a copy of any assistance plans to review, if you are willing. Additionally, your evaluator is required to meet with you within 5 school days after your formal observation. We suggest not backdating anything if/when a deadline is missed (reach out to your site rep if you are asked to do so).

CVTA Member Spotlight ([Nominate someone here](#))

There were no new nominations this week. We know there are members doing great things. Please take a minute to nominate one of your colleagues.

Wishing you all another great week!

Visit Our Website

Important Dates

- **November 14th** - Middle School Conferences
- **November 15th** - CVTA Site Rep Meeting
4:30 pm via Zoom
- **November 16th** - High School Conferences
- **November 16th** - CVUSD School Board

HUMAN RIGHTS CADRE TRAINING
MONTHLY VIRTUAL LEARNING SERIES
NOVEMBER 14, 5:00-6:30 PM

OVERWORKED, OVERTASKED, OVERWHELMED, OVER IT!

Working in public education is emotional labor, and it's critical that we find ways to cope and care for ourselves. The term Self-Care has been thrown around so much lately that it is easy to disregard it and feel like it is not something you can fit into your busy schedule. But studies (and your physical health) show your mental health cannot take a back seat. Self-care is incredibly beneficial for your mental & physical health, which affects all areas of your life. Join us as we discuss how we can work on lowering stress improve mental health, and learn practical self-care tips you can implement today.

 November 14, 2023	 5:00 - 6:30 PM	Register Here: bit.ly/45vDKDR
Questions? Email HumanRightsDept@cta.org		

OPEN TO ALL CTA MEMBERS



- **November 17th** - Secondary Minimum Day (2 hour early release)
- **November 20th-24th** - Thanksgiving Break
- **November 28th** - Deadline for 1st Year Probationary Evaluation meetings to take place
- **November 28th** - CVTA Eboard Meeting 4:30 pm via Zoom
- **November 29th** - CVTA Virtual Office Hours 4:30-5:30 pm via Zoom
- **December 6th** - Elementary Conferences (evening)
- **December 7th** - Elementary Conferences...minimum day and afternoon only
- **December 8th** - Negotiations...please wear your CVTA shirts in support!
- **December 12th** - CVTA Rep Council Mtg. @ CDA Library 4:30 pm
- **December 14th** - CVUSD Organizational School Board Meeting @ DO ([Live Stream Link here](#)). ([Submit public comments here](#))
- **December 18th** - CVTA Virtual Office Hours 4:30-5:30 pm via Zoom
- **December 19th** - CVTA Eboard Meeting 4:30 pm via Zoom
- **December 21st** - Negotiations...please wear your CVTA shirts in support!
- **December 25th-29th** - Winter Break
- **January 1st-5th** - Winter Break
- **January 12th** - Negotiations...please wear your CVTA shirts in support!



Carissa Carrera
CVTA President

"An injury to one is an injury to all."

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Contact Our Team



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