



November 6, 2023

Join our mailing list!

Dear Carissa,

Good morning! I hope you had a great weekend.

This weekend our Organizing Committee hosted a booth at CVUSD's 1st Annual Community Resource Fair. We appreciate the LP, OA, DM, and JK members who gave some time to meet with parents and students visiting our booth. It was a success both in providing goodies for the kids and building relationships with parents sharing many of the same concerns we have regarding our schools.

New CVTA shirts have been delivered (mostly, finishing up a few sites this morning). We have bargaining on Thursday, so please wear that new shirt to show your support!

The district has made a change to its negotiating team by making Dr. Esparza (Ed. Services) the lead negotiator. At this time we aren't sure why that change was made or what it will mean for negotiations moving forward, but it is unusual for the district to make a change like this in the middle of negotiations.

Important to Know

- Observations - Those of you being evaluated this year have likely already had your first formal observation. Sometimes people are put on an Assistance Plan based on the need to improve. While you are not required to share your Assistance Plan with me, I am asking that you consider doing so. Based on my past experience many of these plans don't actually offer anything in the way of assistance. I'd like to make sure you get what you need to improve and move forward in CVUSD. If you will, please reach out to me if you have received an assistance plan and I can check it for you.
- Friday is a holiday, which means that on Thursday you may leave with the students. If you are scheduled for after-school duty, you would need to complete that prior to leaving. Enjoy the upcoming 3-day weekend! Thank you to all of our veterans for your service!
- Please see below for a CTA Human Rights training coming soon!

CVTA Member Spotlight ([Nominate someone here](#))

This week we would like to recognize **Rachel Flores (JK)** and **Juan Rosas (LP)**.

Ms. Flores and Mr. Rosas were both nominated by a colleague who wishes to remain anonymous. Here is what that colleague had to say:

Rachel and Juan have worked together to build CVTA's Organizing Committee. They have recruited several committee members, including parents and community members! The work they did made the CVTA booth at the CVUSD Resource Fair a great success. Thank you both!

Congratulations to **Rachel Flores** and **Juan Rosas**!

Visit Our Website

CTA Human Rights Department

HUMAN RIGHTS CADRE TRAINING MONTHLY VIRTUAL LEARNING SERIES NOVEMBER 14, 5:00-6:30 PM

OVERWORKED, OVERTASKED, OVERWHELMED, OVER IT!

Working in public education is emotional labor, and it's critical that we find ways to cope and care for ourselves. The term Self-Care has been thrown around so much lately that it is easy to disregard it and feel like it is not something you can fit into your busy schedule. But studies (and your physical health) show your mental health cannot take a back seat. Self-care is incredibly beneficial for your mental & physical health, which affects all areas of your life. Join us as we discuss how we can work on lowering stress improve mental health, and learn practical self-care tips you can implement today.

 November 14, 2023	 5:00 - 6:30 PM	Register Here: bit.ly/45vDKDR
Questions? Email HumanRightsDept@cta.org		

OPEN TO ALL CTA MEMBERS



Important Dates

- **November 9th** - Negotiations - Wear your CVTA shirt!
- **November 10th** - Veterans Day Holiday
- **November 14th** - Middle School Conferences
- **November 15th** - CVTA Site Rep Meeting 4:30 pm via Zoom
- **November 16th** - High School Conferences
- **November 16th** - CVUSD School Board Meeting @ DO ([Live Stream Link here](#)). ([Submit public comments here](#))
- **November 17th** - Secondary Minimum Day (2 hour early release)
- **November 20th-24th** - Thanksgiving Break
- **November 28th** - Deadline for 1st Year Probationary Evaluation meetings to take place
- **November 28th** - CVTA Eboard Meeting 4:30 pm via Zoom
- **November 29th** - CVTA Virtual Office Hours 4:30-5:30 pm via Zoom



Carissa Carrera
CVTA President

"An injury to one is an injury to all."

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